



"Love Notes"

2023 Year in Review

"Give til it helps..."



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Charity is Not An Action; Charity is a State of the Heart

By: Fern Flicker, President & CoFounder



When we turned the page to 2023, I was uncertain what to expect following the struggles we encountered in 2022. I was unsure how to even begin. It's always a challenge at the beginning of a new year when we set our goals, especially after all the energy that went into the prior year in terms of fundraising. It's always a challenge to look at a blank donation page and figure out how to start again. Will our donors continue to embrace our cause? We can only hope and pray that our village remains intact and continues to grow.

The year started out differently for us. We met **Rabbi Robert Green of Congregation B'nai Israel of Basking Ridge NJ**. He was enamored with our cause and decided to sponsor our school supply drive. He fundraised fully for the

project, allowing us to continue to fill and ship backpacks with school supplies for **360 children**. He created a community mitzvah day where so many came together to pack the bags in preparation for shipping. In all my years doing this project I never felt as fulfilled as I did on that Sunday morning last March. I was overwhelmed with gratitude and love. *I learned that charity is not an action, but rather a state of the heart.*

One of our ongoing supporters, **Lisa Molieri** of Austin TX, made a donation in partnership with her employer, **Apple**. A new supporter, **Jennifer Nemeth-Seay** of Ft Washington PA, made a donation in partnership with her employer, **Johnson & Johnson**. These donations, along with one other, allowed us to complete our personal hygiene project and once again provide for **240 homes**. I was overwhelmed with gratitude and love. *I learned that charity is not an action, but rather a state of the heart.*

The remainder of our village, including **Janice Tindall** of West Main Consignment of Lansdale PA, came together and donated enough to fill and ship **4 barrels** of clothing and shoes for our inaugural clothing drive project and provide food care packages for **150 households**. I was overwhelmed with gratitude and love. *I learned that charity is not an action, but rather a state of the heart.*

As we get ready to move into 2024, and our 10th year of service, we remain humbled and blessed for the ongoing love and support of each and every one of you. And I am ever so grateful for the lesson you taught me in 2023...that *charity is not an action, but rather a state of the heart*. And I move into the 10th anniversary of our journey together with hope for so much more in 2024. **ONE LOVE!**

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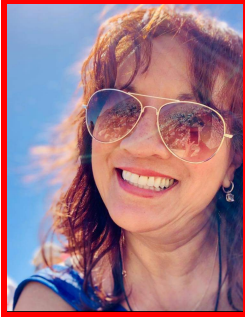


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2022 Corporate Sponsor Spotlights



Lisa Molieri has shown love to One Love One Heart since 2016. An employee of Apple, she has established a partnership with us through her employer's giving program. She has provided ongoing support for all of our projects and fundraising efforts and this year Lisa and Apple donated \$1,000 and filled 100 BAGS!

*Lisa Molieri
Austin TX*

Bob Bininger has been an avid supporter of One Love One Heart since our inception in 2014. An employee of Vanguard, in 2020 he selected One Love One Heart as his charity of choice for regular monthly donations through payroll deduction and the Vanguard Giving Fund. He continues those donations in 2024. This year Bob & Vanguard donated \$300 and filled 30 BAGS!



*Bob Bininger
Warrington PA*



Jennifer Nemeth-Seay has been a supporter of One Love One Heart since 2020. An employee of Johnson & Johnson, she has established a partnership with us through her employer's giving program. She has provided support for our personal hygiene project in 2023. This year Jennifer and Johnson & Johnson donated \$600 and helped us reach one third of our goal by filling 60 BAGS!

*Jennifer Nemeth-Seay
Ft. Washington PA*

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2022 Volunteer Sponsor Spotlights



Susan Spergel has been supporting One Love One Heart since 2019. With a place in her heart for Jamaica, Susan has always supported us unsolicited since she discovered OLOH. In 2023 she morphed into the volunteer side of things and assisted at fundraisers. This year, Susan donated \$400 and filled 40 BAGS!

*Susan Spergel
Warrington PA*



Julie Pilkerton has been an avid supporter and volunteer for One Love One Heart since 2018. Over the years she donated Eagles tickets for our summer fundraiser, made herself available to assist at fundraisers or lent help sorting and packing shipments. This year, Julie donated \$150 and 4 Eagles tickets and filled 75 BAGS!

*Julie Pilkerton
Warrington PA*



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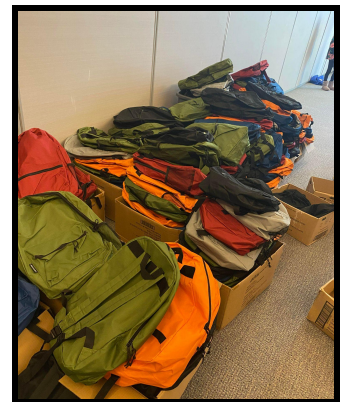
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School Bags

Our 9th annual school supply drive was a resounding success. Due to the sponsorship of the project by Rabbi Robert Green and Congregation B'Nai Israel of Basking Ridge NJ, we were able to provide backpacks and school supplies to 360 children!! Each 17" backpack contained: composition books, folders and pencils.



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360

SINCE 2017





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Hygiene Bags

This project continued to be a success for the 3rd year in a row. We distributed 240 personal hygiene bags among various parishes around the island. Each bag contained: shampoo/conditioner, body lotion, bars of soap, toothpaste, toothbrushes and feminine hygiene items.



240



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2023 Musical Supporters

The RootSetters www.facebook.com/RootSetters

Have been supporters of OLOH since 2022 and continued to create fundraising opportunities for us in 2023. The events raised enough to fill **60 BAGS** for our 2023 projects.

Barefoot Bobby & the Breakers www.barefootbobbyandthebreakers.com

Have been supporters of OLOH since 2018 and hosted a fundraiser in 2023. The event raised enough to fill **75 BAGS** for our 2023 projects.

The Tabernacle Reggae Band www.facebook.com/TabernacleReggae

Have been supporters of OLOH since 2022 and hosted a fundraiser in 2023. The event raised enough to fill **30 BAGS** for our 2023 projects.

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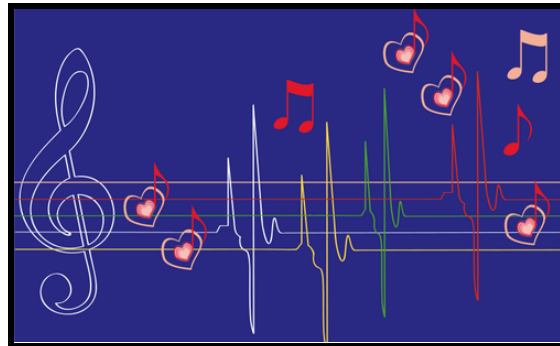


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Our Musicians...Our Heartbeat



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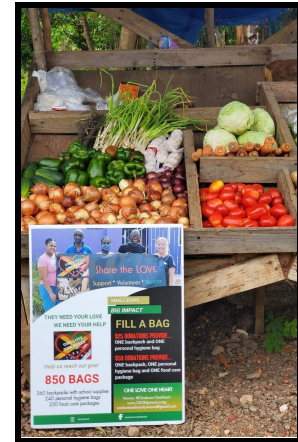
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Feeding Families in Jamaica

We continued our Feed a Family project in 2023 for the 8th year in a row! We conducted 3 food distributions and provided 150 care packages to households in various parishes around the island. Each care package contained flour, rice, cornmeal, sugar, beans, pasta, tuna, sardines, mackerel, cooking oil, powdered milk, powdered juice, powdered soups, ketchup, oatmeal and toilet paper. These care packages can sustain a household for an entire month.



150

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Clothing Drive...Our Inaugural Project

This year Elin Hirsch went with us to the shippers and packed the barrels for shipping. We raised enough money to ship four barrels and all expenses necessary to take the project from start to finish. And once again we thank Janice Tindall of West Main Consignment in Lansdale PA for donating the majority of the clothing and shoes and continuing to support this project since 2015. We collected enough donated items for men, women, children and babies to fill the four 77 gallon barrels. The barrels have reached Jamaica and distribution is in process.



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2023 Business Supporters



The Sawyer Foundation, Detroit MI

Apple, Cupertino CA

Johnson & Johnson, New Brunswick NJ

The Vanguard Group, Wayne PA

Congregation B'Nai Israel, Basking Ridge NJ

West Main Consignment, Lansdale PA

Making Music & More, Warrington PA

Mom's Flower Shoppe, Lahaska PA

Mickey's Black Box, Lititz PA

Cardinal Resources, Pittsburgh PA

TJ Smith's, Warrington PA

Root Down Brewing Co., Phoenixville PA

WaR3house 3, Swarthmore PA

Philadelphia Phillies, Philadelphia PA

Uptown String Band, Parkland PA

Rivet Canteen & Assembly, Pottstown PA

Giant Food, Warrington PA

Weis Market, Warminster PA

Chambers/The Other Side, Doylestown PA



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Our Team



Fern Flicker, President & Co-Founder

Roy Stephenson, Vice President & Co-Founder

Sharon DeChristopher, Outreach Director

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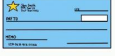


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Ways to Give

\$

Thank You for Your Generosity

 Cash App \$OLOH628	 Venmo OneLove-OneHeart
 Cash/Check 	 Credit Card 

Donation Levels

\$40.....T-Shirt
\$20.....Hat
\$12.....Coffee
\$10.....Jerk Sauce
\$5.....Notepad/Pen



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